## In a Nutshell: Some Personal and Highly Biased Ideas for Digging Our Way Out of This Hole<sup>1</sup>

- 1. EMPHASIZE THAT CLIMATE CHANGE IS HAPPENING HERE AND NOW
- 2. BE WARY OF CREATING DISTANCE
- 3. RESTORE PAST LOSS
- 4. RECOGNIZE MOMENTS OF PROXIMITY
- 5. CREATE THE SYMBOLIC MOMENT\*
- 6. OPEN UP A CONVERSATION ABOUT LONG-TERM PREPAREDNESS
- 7. [CREATE A] NARRATIVE OF POSITIVE CHANGE\*
- 8. FOLLOW NARRATIVE RULES, WITH RECOGNIZABLE ACTORS, MOTIVES, CAUSES, AND EFFECTS
- 9. DON'T LET THE NARRATIVE TAKE OVER
- 10. RESIST SIMPLE FRAMINGS
- 11. BE OPEN TO NEW MEANINGS
- 12. ENSURE THAT A WIDE RANGE OF SOLUTIONS IS CONSTANTLY UNDER REVIEW
- 13. NEVER ACCEPT YOUR OPPONENT'S FRAMES
- 14. BE CAREFUL THAT ENEMY NARRATIVES DO NOT FUEL DIVISION
- 15. BUILD A NARRATIVE OF COOPERATION
- 16. STRESS COOPERATION NOT UNITY
- 17. ACCEPT THE SPECTRUM OF APPROACHES
- 18. BE HONEST ABOUT THE DANGER
- 19. ENCOURAGE POSITIVE VISIONS
- 20. ACTIVATE COOPERATIVE VALUES RATHER THAN COMPETITIVE VALUES
- 21. STRESS WHAT WE HAVE IN COMMON
- 22. RELATE SOLUTIONS TO CLIMATE CHANGE TO THE SOURCES OF HAPPINESS
- 23. EMPHASIZE THAT ACTION ON CLIMATE CHANGE MAKES US PROUD TO BE WHO WE ARE
- 24. ENABLE COMMUNICATIONS WITH BUILT-IN INTERACTION
- 25. CREATE COMMUNITIES OF SHARED CONVICTION
- 26. KEEP AN OPEN MIND
- 27. BE ALERT TO YOUR OWN BIAS
- 28. REMEMBER THAT EXPERTS CAN ALSO BE BIASED
- 29. SEEK OUT A WIDE RANGE OF VIEWS
- 30. [REMEMBER THAT] DEBATE IS USEFUL\*
- 31. LEARN FROM YOUR CRITICS
- 32. RESPECT ENVIRONMENTALISTS
- 33. BE PREPARED TO LEARN FROM RELIGIONS
- 34. PRESENT CLIMATE CHANGE AS A JOURNEY OF CONVICTION
- 35. CREATE MOMENTS OF COMMITMENT
- 36. FRAME CLIMATE CHANGE AS AN INFORMED CHOICE
- 37. INVOKE THE NONNEGOTIABLE SACRED VALUES
- 38. EMPHASIZE THE QUALITIES THAT CREATE TRUST
- 39. TELL PERSONAL STORIES
- 40. BE EMOTIONALLY HONEST
- 41. RECOGNIZE THE ROLE OF YOUR OWN EMISSIONS
- 42. ENABLE FRESH, REAL VOICES
- 43. BACK OFF AND ENCOURAGE NEW COMMUNICATIONS
- 44. DROP THE ECO-STUFF
- 45. CLOSE THE PARTISAN GAP
- 46. AFFIRM WIDER VALUES\*
- 47. BE HONEST—THIS IS TOUGH
- 48. NEVER ASSUME THAT WHAT WORKS FOR YOU WILL WORK FOR OTHERS
- 49. RECOGNIZE PEOPLE'S FEELINGS OF GRIEF AND ANXIETY
- 50. MOURN WHAT IS LOST, VALUE WHAT REMAINS
- 51. MOURN THE END OF THE FOSSIL FUELS AGE
- 52. BE GLAD TO BE A POLLYANNA
- 53. REMEMBER THAT HOW WE RESPOND NOW WILL PROVIDE THE TEMPLATE FOR FUTURE RESPONSES

<sup>&</sup>lt;sup>1</sup> Capitalized phrases from Chapter 42 in George Marshall, *Don't Even Think About It: Why Our Brains Are Wired to Ignore Climate Change* (New York: Bloomsbury, 2014), 231-38. \*denotes imperative form.